

93 Amazing Sadhguru Jaggi Vasudev quotes

- 1) Life is far beyond meaning, Life is beyond meaning and that's why it is so beautiful
- 2) When you wanting to know some thing is so Intense that you are willing to die for it, then knowing is not far away.
- 3)If you are rooted in reality there will be no fear.
- 4)Intelligence is like a flashlight. If you flash it, it'll just show you what's in front. Knowledge is like a projector; if you switch it on, it projects its own story. Now, if you came with a flashlight and you flash it on these paintings here, you will see the paintings just the way they are. If you came with the projector, which also has light in it, and you turned it on; you don't see the paintings. You will see something else, maybe Jackie Chan fighting. That's the difference between knowledge and intelligence.
- 5)Religions of the world are not bout one man's belief against another, but an opportunity for all humans to each to their common ultimate source.
- 6)The fear is simply because you are not living with life, You are living in your mind.
- 7)Whatever is your highest, you just contemplate upon that. Your inner and outer purity will happen naturally.
- 8)Being with a Master is never comfortable, because He will break all your limitations, all your ideologies.
- 9)Man needs entertainment simply to hide his madness. If he was perfectly sane, he would not need entertainment. He could just sit and watch this bamboo grow. He does not really need entertainment
- 10)Till something becomes a reality in our life, if we talk about it, it amounts to lying. The whole world is lying to themselves and to everybody about God.
- 11)People have come to the conclusion that body means pain. And yet, just the right food, practices and a little change in attitude, and this body becomes a miracle.
- 12)Once the stillness comes into your life, then the mind also becomes absolutely still. When your mind becomes still, your intelligence explodes.
- 13)You can be deeply involved with everything, but still not be identified with it any more.
- 14)When your happiness is dependant upon what is happening outside of you, constantly you live as a slave to the external situation.

- 15) If you are truly a seeker of Truth, Truth can not hide from you. It is in the Lap of truth that you have happened. Most people who claim to be seekers are only seeking security, solace, or the fulfillment of their desires.
- 16) The moment you make a conclusion, as to what should be at the other end, you are no more a seeker you are a vested interest.
- 17) Do not try to live by morals, ethics, slogans. These are all very poor substitutes for awareness. Be conscious and aware, you will see life the way it is.
- 18) You're just an imitation of what is around you, it's just that you don't imitate one person; you take bits and pieces of hundred people and make yourself.
- 19) Being with a Master is never comfortable, because He will break all your limitations, all your ideologies.
- 20) If you can joyfully accept the consequence, do what you want; if it is that you will cry when the consequence comes, better be conscious about what you do.
- 21) Just Desire the Highest in Life. All Your Passions, direct them to the Highest. Even if you get Angry, direct it only towards Shiva. Even with your Passion, that's the way to do it. Every bit of energy that you have, you expend it by making it into desire, passion, fear, anger, and many other things. May be these emotions are not in your hands for now, but channeling them in one direction is in your hands.
- 22) May be when you are angry then you cannot be loving, you can't suddenly turn your anger into love, but the anger itself can be directed.
- 23) A humanity which has done nothing for its inner well being – how can it create external well being? How do you expect it to work?
- 24) Whenever you are happy, the real source of happiness is within you. It bubbles up. It is just that you are looking for an external stimulus to make you happy.
- 25) A genuine seeker, a person who develops an urge within, will always find his Guru. He may find it in a man, in a woman, or he may find it even in a rock. He will definitely find it somewhere, there is no doubt about it.
- 26) If a man is intelligent everything that happens is an opportunity; if a man is stupid everything that happens is a disaster.
- 27) The guru is someone who continuously punctures your ego, yet is your friend.
- 28) If you really want better situations to live in for yourself and everybody, you must stop playing petty politics within yourself and around yourself.

29)Only when you truly start seeking what is beyond the physical body, the spiritual processes open up for you.

30)Positive thinking is about trying to escape reality. It's about wanting to look at one side of life, and missing out on another. You may ignore the other, but the other will not ignore you. Right now, you can choose to ignore a black cloud in the sky, but it's not going to ignore you.

31)When any being calls or really yearns, the existence answers. If the thirst within you is strong enough, God always answers.

32)Higher dimensions of Awareness means Higher dimensions of energy.

33)When you just look at the long term span of this creation, you are just a tiny happening. But you think too much of yourself, that is the biggest problem.

34)If you want to know the joy of activity, first and foremost thing is that you must know how to give yourself to activity with total abandon.

35)The world is trying to do so many things. We're trying to go to the moon, to Mars, but, fundamentally, I feel the most important thing is human consciousness, the quality of life here. How happy we are here simply depends on how we are within ourselves.

36)Fundamentally, the only thing you can give is yourself.

37)Blissfulness is not a rare visitor in your life, blissfulness is your constant companion, because that is the nature of your being.

38)Spirituality is about acting out of your inner humanity, if you go deeper, you'll be acting out of inner divinity.

39)As many colors of the rainbow are an outcome of one pure light, many religions of the world are an expression of the same divine source.

40)The word 'guru' means dispeller of darkness.

41)What you know as the highest, you just seek that. It doesn't matter whether it is going to happen or not going to happen, simply living with the vision itself is very elevating, is itself very liberating, is itself a very joyous process for any person.

42)Every human being is a unique human being.

43)When your Sadhana (Spiritual Practice) is based on hope and fear, you won't attain to anything.

44)Do your Sadhana (Spiritual Practice) joyfully, not with the hope of making it or the fear of not making it. Just do it joyfully.

45) You are not using your intelligence to reach the peak of your consciousness, to become peaceful and loving. You are using your intelligence to drive yourself crazy.

46) You know everything about the world, but you do not know anything about yourself. This is a ridiculous way to live.

47) Spiritual process does not mean looking up, or looking down, or looking around. It is about looking inward.

48) When it is no more about you, you can live your life and do your life in total abandon; because there is nothing to gain nothing to lose.

49) You being too involved with your mind and emotion means you are too enamored with your own creation, you have no time for the creation of the creator.

50) Because you do not know how to keep your systems in balance, because you can't handle reality, you succumb to positive thinking. You want to skip the negative and just think positive. What you pursue will not be the strongest point in you. What you try to avoid becomes the basis of your consciousness. Positive thinking can have some psychological relevance, but no existential relevance whatsoever.

51) If you look at the organization, capability and the certainty with which a simple ant is conducting its life, you will see you are quite stupid.

52) Wanting to be special is a sickness, it is taking a huge toll on life. In trying to be special, people are doing all kinds of ridiculous things.

53) The greatest crime that you can do to humanity is to teach your children that suffering is a part of their life. You have taken away the possibility of them being joyous human beings.

54) In relinquishing the limited, the unlimited becomes yours, But the price is, what is YOU does not exist anymore.

55) When who you are and what you are is not decided by any external forces, then you are in dignity.

56) If you are not half hearted, if you are a full blooded involvement with everything that you are doing you will see every simple thing is a miracle.

57) When you become meditative, you will see, your intellectual capabilities will increase many times more than what it is right now. Not because meditation makes you intelligent, but because meditation clears up the mess, the muck that's gathered on the glass of the flashlight. As your meditation deepens, it just clears up the muck more and more and the flashlight becomes more and more powerful. It shows you things more and more clearly.

58)Whether we are talking about Kundalini or simple plain energy as in the English language, it's basically about raising ourselves to a higher level of energy. What you call 'life' itself is energy. So, if you want to function on a higher plane of life, you need a higher level, a higher quality of energy.

59)The contradiction within a human being is simply because he is trying to mentally figure out things that he has not experienced.

60)Only when people begin to think beyond their own wellbeing, something beautiful is possible in the society.

61)Exploration is what is needed – not ideology. Ideology means you have made your summary of life. If life can be summed up, it is not worth living.

62)If you are aware that you are a nobody and you act out your role, this is enlightenment.

63)Only when you are truly happy, you can be concerned about somebody. When you are unhappy you are only concerned about yourself.

64)Once you know how to be aware, once the necessary awareness – to be away from your own body, to be away from your own mind – has come to you, don't even bother about your karmas. Just see how to deepen this awareness.

65)We know how to go to the moon, but the tragedy is that we still do not know how to live on planet earth.

66)By fixing the outside, life can become comfortable and convenient. But human beings will not know well being unless they fix their interiority.

67)Once you have a thinking mind, a questioning mind, or a doubting mind, you should not talk about devotion. It just leads to enormous deception.

68)Confidence can do things for you but confidence without clarity is a big disaster on the planet.

69)The sign of intelligence is that you are constantly wondering. Idiots are always dead sure about every damn thing they are doing in their life.

70)Every human being is capable of living absolutely blissfully within himself. They have denied themselves this because they never looked at themselves.

71)What you can do and what you cannot do outside is always a question of capability. But when it comes to the inside it is just a question of willingness.

72)If you can bring love into your breath, into your step, into every act that you do, not towards anybody or anything; if you can just bring the longing to merge with everything around you, then creation will lead you on to the creator.

73)The past experience of life is ruling you from within. Unless you break this karmic grip there is no such thing as freedom in thought and action.

74)Essence of spirituality is that we are constantly aware of the oneness of who we are, at the same time we celebrate the uniqueness of the individual.

75)If you are not seeing life the way it is, you can only live by accident. You are a potential calamity and fear and anxiety is very natural.

76)Anything that does not enhance the possibility of life is of no consequence to the creation, or to the creator.

77)If you really pay attention to life, life will blossom within you. If you do not pay attention, you are somewhere else, then life could go wrong.

78)If you know that you are stupid, you wont attach too much importance to your thought. You will start looking at life and your intelligence will flower.

79)You claim that you love somebody, but if they dont fulfill your needs, you wont love them. I dont call this love, I call this mutual benefit scheme.

80)Everybody is making Choices; even their compulsions are their choices. Choices made in unawareness are compulsions. Let us say you get angry right now. It is your choice, actually, to be angry. Somewhere, you believe that's the way to handle the situation, but the choice is made in such unawareness that is is a compulsion; it's happening compulsively on a different level. So you are living by choice, but choices are made with out awareness – unconscious choices.

81)If you cultivate your body, mind, emotion and energy in the right direction, mediation will happen. It is not something that you do, it is a quality.

82)Everyday, twice a day if you are reminded that you will also die, then naturally you will move towards knowing higher dimensions of perception.

83)If your experience of life transcends the limitations of the physical, only then we can say you are spiritual.

84)Only if one makes himself available to higher and higher possibilities, then Grace can descend and do something that you yourself could never do.

85)If you have any intention of knowing or touching the ultimate in this life, then giving yourself in parts is no good.

86)A devotee has no other goal except to dissolve into his object of devotion. But you have your own personal agenda and still you call yourself a devotee.

87)Everybody has their own understanding, ideas, opinions of the world. They know these are not worth anything, yet they are not willing to keep it down.

88)Your desires and passions are just like this. If you try and fight with them, if you chop them, they will spill blood, and with every drop, a hundred or a thousand will come up. There is no point fighting them. Just educate your passions, educate your desires to flow in the right direction, that is all. You can never fight them. Fighting them will be futile, it will be a waste of life.

89)With every single action, consciously or unconsciously, people are trying to be happy. So one way, in this level of living, in this dimension of existence, happiness is the goal of everything that man is doing. But if you look at life, we have done so much in this world for our happiness. But all we have ended up with is creating more and more comfort and convenience-but not happiness.

90)Without working on human consciousness, trying to change social or national or global realities means there is no serious intention.

91)When we say everything is maya or illusion, maya does not mean it does not exist, maya simply means that you are not seeing it the way it is.

92)If YOU are not there, enlightenment is instantaneous. If YOU are there, you have to walk till you wear out.

93)In reality there is only Now. If you know how to handle this moment you know how to handle the whole eternity.

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